

FEB

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## Early Years: The Neuroscience of Creative Play

### DESCRIPTION

This training twilight will be delivered by Jo Stockdale from The Child Learning & Development Advisory Centre. We welcome Black Shale's educators, practitioners and The Alfreton Nursery's associates to join us for this FREE training event.

*Creativity, imagination, expression, curiosity*; all of these are forms of playing, and all have the potential to transform the experiences of those that we work with; Play can challenge our thinking, change a mindset, and is an activity we *all* need, whatever our age.

Creative practitioners are particularly effective in harnessing aspects of play in their practice, and the emerging discipline of Neuropsychology is giving us vital information about how creative play enhances wellbeing by generating healthy bio-chemicals in the body, and developing the cognitive & emotional areas of the brain. Ultimately you will learn how to make a transformational difference by working consciously at the interface of science, psychology and personality.